

# Good Friday

John 18:1–19:42



Mother House Pierced Heart of Jesus (Photo by Joy Luz)

Let us “remain in Jesus” this Good Friday. Let us “shadow” him as he walks the path to Calvary and surrenders his life in freedom. Focus on Jesus — his words, attitudes, and actions. We ask for the grace to experience the love and passion that enabled him to take up his Cross and commend his spirit into God’s hands.

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In the Gospel  
through His words, His attitudes,  
His relationships with people,  
His way of relating to all created things,  
we discover His Heart  
wholly given to the Father and to all people.

*RSCJ Constitutions #19*

*John 18 - 19:16*

Be with Jesus when he encounters Judas in the garden and is arrested there, brought before Annas and Caiaphas, disowned by Peter, and has an exchange with Pilate at the Praetorium.

*Listen.... Learn from his heart.... Remain in him....*

*John 19:16-30*

Walk the way with Jesus as he carries his own cross. Stay with him as he is crucified, and his garments divided. Be present when he meets his mother.

*Listen.... Learn from his heart.... Remain in him....*

*John 19:31-42*

Stay at the foot of the Cross when the soldier pierces the side of Jesus. “Look to the one whom they have pierced.”

Be there at the garden. Watch as Jesus’ body is laid in the “new tomb in which no one had yet been buried.”

*Listen.... Learn from his heart.... Remain in him....*

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***How did Jesus reveal His Heart to me  
as I remained in Him this Good Friday?***

***In our world today that is in so much need  
of justice, peace, and care of creation,  
how am I called anew to take up my cross and follow Him?***

***In the silence of our hearts, we renew our commitment  
to take up our cross and follow him...  
in whatever way this may mean for us today.***

## **SILENCE**

*Let this silence remain onwards to Holy Saturday...*

We may end with this song: [God of Broken Hearts by Zack Stachowski](#)

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