

HOPE

ADVENT PRAYER GUIDE

WEEK 1

3 DECEMBER 2023

Based on Section 1 of the
Spiritual Itinerary

BORN OF THE OPEN SIDE OF CHRIST



We contemplate our Source

Come to satisfy your thirst

Enter in the open side ... Discover ...

Look how He is holding the whole humanity and creation

Listen to the heartbeat, to our tears, hopes, whispers,

“The pierced Heart of Jesus opens our being to the depths of God and to the anguish of humankind.” (Const 8)

and learn,

“Learn from me, for I am sweet and humble of heart.” (Mt 11:28)

Take this time to move in adoration of the Father...

Song: [C. Fones La Herida \(international version\)](#) - YouTube

In this first week of Advent, let us cherish HOPE as a primary attitude to walk towards the birth of the Prince of the Peace.

“Beware, stay awake.” (Mc 13,37)



I widen my gaze...

"JPIC is a focus of passion, hope and energy for so many in the Society... We are rooted in and draw strength from the well of a very long tradition of working for justice and peace. Our spirituality impels us toward transformation through our contemplation of the pierced Heart of Jesus. This tradition binds us to one another and to others in our common efforts to act out of compassion in order to relieve suffering and effect change in our wounded world.” (Being Artisans of Hope)

I widen my gaze to Adid, artisan of hope...

“My name is Adid, I am 13 years old, and I am an Eritrean refugee in Ethiopia. I was young when my family and I came to Ethiopia, but I remember some parts of the journey. I remember we had to walk for many days to reach Ethiopia and people were fighting here and there... I remember we had to travel by night to avoid the fighters and the government troops. We even had to sometimes run whenever we heard gunshots from far away, or any other sound. It was not a nice journey...

I really like going to school! That is what will allow me to achieve my dreams! But the classes are full of pupils, we are all squished... it is always very hot in summer and makes it very difficult to focus... but I try, I really try, so I can fulfil my dreams in the future. That is the most important thing to me right now.

[...] I am unable to understand the reason why girls should be in charge of house duties and not boys. I dream of a day in which girls can focus on whatever the boys do. Because, as for now, in my community, it is not like this.

When I grow old, I will be an engineer living in London, and all my children, no matter if boys or girls, will not do any house chore apart from cleaning their room! I will provide for them so they can focus only on going to school and being good people! That is what I dream. That is what I would have dreamed for myself...” (extract from JRS publication “I will tell you my story – Voices of Eastern Africa Girls)

Prayer of intercession

Song: [Come Lord Jesus, Maranatah – various languages – Harpa Dei](#)

Closing Prayer

Make us watchers.

Lord,

At the beginning of Advent, come and move us!

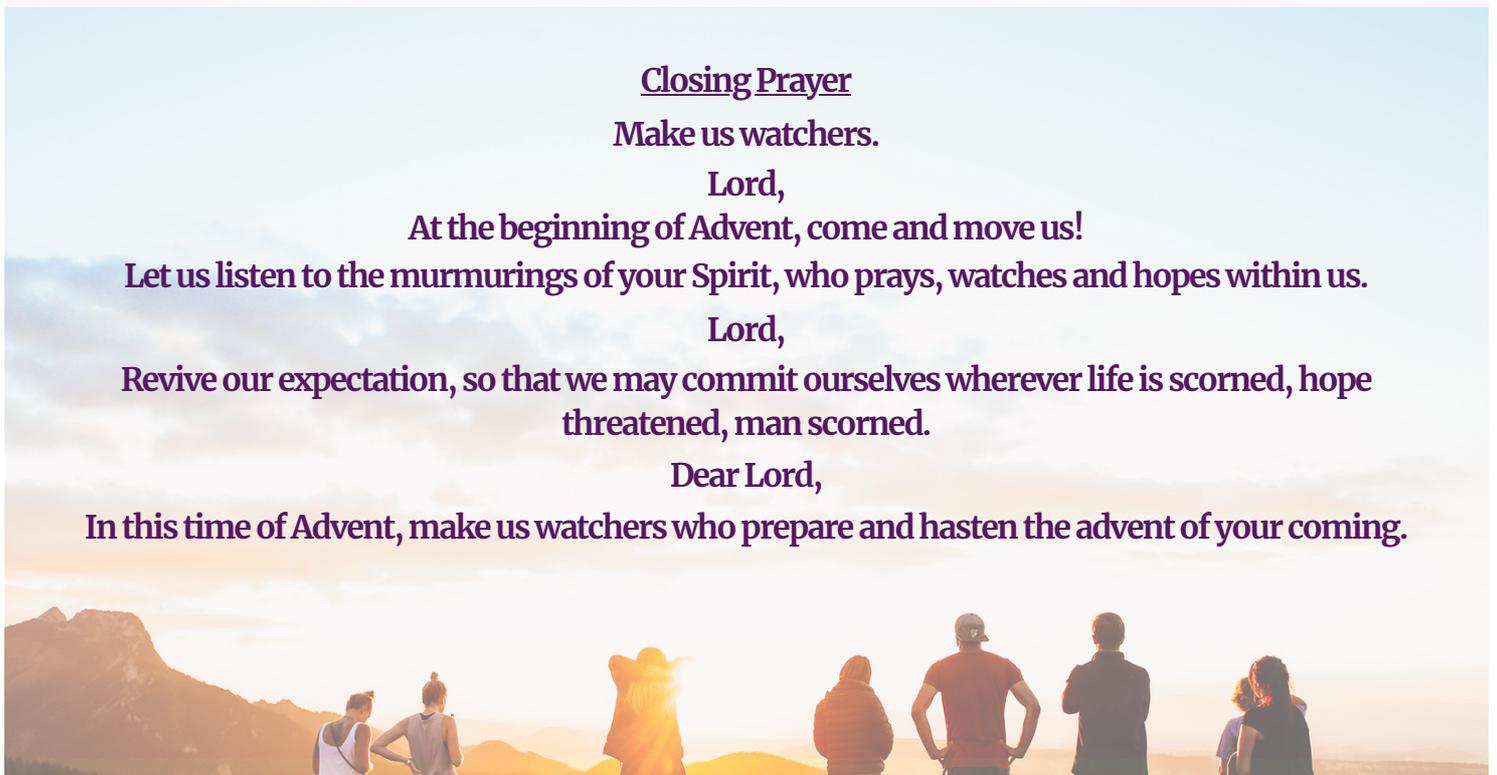
Let us listen to the murmurings of your Spirit, who prays, watches and hopes within us.

Lord,

Revive our expectation, so that we may commit ourselves wherever life is scorned, hope threatened, man scorned.

Dear Lord,

In this time of Advent, make us watchers who prepare and hasten the advent of your coming.



JPIC International Team



*JPIC Learning Hub
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