



April 15, 2022

# Good Friday

## SURRENDER

*This prayer is an invitation to “remain in silence and poverty of heart” (RSCJ Constitutions #20) before the Heart of Jesus — broken, crucified, pierced.*



Image: Jose de Luna (Philippines)

We stay and walk with Jesus as he carries the Cross.  
We may sometimes want to look the other way, or even walk away,  
but we remain with Him.

### *We Carry the Saving Cross*

Himig Heswita

<https://youtu.be/hkG11VdcLv4>

We carry the saving Cross through the roads of the world,  
Through the alleys of poverty and misery, [violence and war].

### Prayer in Silence before the Cross

“In prayer we come to Him with everything that touches our life,  
with the sufferings and hopes of humanity.” (RSCJ Constitutions #20)

Stay as long as you can in this prayer of silence,  
carrying with you the situations (personal and global) of suffering and helplessness,  
poverty and misery, violence and war.

*“Father, into your hands I commend my spirit.”*

We stay with Jesus as he commends his life into the hands of the Father.

Again, remain in silence, and be in touch with what may surface at this time.  
Stand at the foot of the Cross. Enter into the emptiness and desolation of "Good Friday."  
Stay even if it is painful, seemingly hopeless, quite incomprehensible.  
Listen as Jesus commends his spirit into the Father's hands.

***What does this mean for you today?***



*"They will look to the one  
whom they have pierced."*

John 19:37

Jesus said, "It is fulfilled"; and bowing his head he gave up his spirit....  
When the soldiers came to Jesus, they saw he was already dead, and so instead of breaking his legs, one of the soldiers pierced his side with a lance, and immediately there came out blood and water. (John 19: 30, 33-34)

In silence, we sit at the foot of the Cross and ask the grace to receive  
of this profound LOVE — overflowing.... fully given..... total surrender....

We pray for the grace of:

PEACE, especially when and where it seems most absent.....

TRUST, even if we struggle to believe and to hope.....

SURRENDER, however this may mean for us now .....

We bow before the Cross and end our prayer in silence.

#### ***Easter of Today - Echoes from People in Exodus***

Calais - This region of France is militarized and the policy of fighting against the fixation points is daily. As evictions and dismantling by the police take place, these migrants find themselves scattered on the outskirts of the city. But despite the shameful living conditions, the exiled people keep smiling. The human warmth, which is lived in this place where misery reigns, is of great richness and truth. [Click here to read more Echoes from People in Exodus.](#)

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