

# THE INTERNATIONAL VOLUNTEERING FORMATION POLAND

## CONTEXT:

- personal experience
- the Church
- the Congregation

## SPACIES:

- meeting with God: silence, prayer
- meeting with myself: silence, personal reflection,
- meeting with other: sharing, discussion, workshop, spending time together, meals

## ANNUAL PLAN :

### 1<sup>th</sup> meeting: November 2019

#### *FAMILIARIZATION MEETING*

- Getting to know each other: Who are we? Why are we here?
- What is the Sacred Heart international volunteering ? expectation, motivation
- What is a spiritual discernment which leads us to decision?
- Organizational matters:
  - a. 3 projects
  - b. The volunteering organization: meeting schedule,
  - c. finance: tickets, vaccinations, visa, insurance, residence/visit
  - d. contract
- How will we collect money ?

### 2 meeting: December 2019

#### *OPENES TO ANOTHER ,*

- The spirituality of Sacred Heart, *St. Magdalene Sophie*
- The process of personal discernment , getting to know myself, talents, strong and weak parts of myself
- A community: cooperation and getting to know each other against the background of the group,
- Preparing a collection in the parish.

### 3 meeting: January 2020 ( 2 days)

#### *INTERCULTURALITY*

- Cultural keys
- Tolerance and openness to otherness
- Interpersonal relations
- Exclusion situation as a challenge
- Meeting the reality of poor countries

#### *SUMMARY OF THE DISCERNMENT PROCESS*

- Prayer and reflection in silence
- Decision making

**4<sup>th</sup> meeting: February 2020**

*PRAYER IN OUR CHARISM*

*GETTING TO KNOW THE COUNTRY TO WHICH THE VOLUNTEER WILL GO*

Knowledge the geographical, cultural, economic and social reality of countries

*ORGANIZATION OF VOLUNTEERING*

**5<sup>th</sup> meeting: March 2019**

*I AM SENT, THE MISSION*

- Education mission of Sacred Heart

- St. Philippine Duchesne

**Date to be agreed:**

**6<sup>th</sup> meeting 2020**

*JUSTICE, PEACE AND INTEGRITY OF CREATION*

*DIRECT PREPARATION FOR VOLUNTEERING TOUR*

Studying the project in which the volunteer will participate

**7<sup>th</sup> meeting 2020 ( 2 days)**

*COMMUNITY*

*SUMMARY OF THE FORMATION PROCESS.*

The sending celebration.

**8<sup>th</sup> meeting 2020 (after coming back)**

*INTEGRATION AND SHARING OF THE VOLUNTEERING EXPERIENCE.*